# CONSORTIUM OF HEALTH ASSOCIATION IN INDIA (cHAI)

*(Promoted by IRDRP Trust for mainstream of unreached population's health development)*
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## WHY WE NEED TO WORK ON HEALTH ?

As the world's second-most-populous country and one of its fastest-growing economies, India faces both unique challenges and unprecedented opportunities in the sphere of public health. For more than a decade, India has experienced record-breaking economic growth that has been accompanied by significant reductions in poverty. According to the World Bank, infant mortality in India fell from 66 to 38 per 1,000 live births from 2000 to 2015. Life expectancy at birth has increased from 63 to 68 years, and the maternal mortality ratio has fallen from 374 to 174 per 100,000 live births over the same period. It is achieved not only Government but also Civil Society Organisations in the country to take down to rural and unreached communities.

Yet Indian government and public health officials agree that the country also faces persistent and daunting public health challenges, particularly for the poor. These include child under nutrition and low birth weights that often lead to premature death or lifelong health problems; high rates of neonatal and maternal mortality; growth in non-communicable diseases such as obesity, diabetes, and tobacco use, leading to cancer and other diseases; and high rates of road traffic accidents that result in injuries and deaths.

As the Indian government strives to provide comprehensive health coverage for all, the country's rapidly developing health system remains an area of concern. There are disparities in health and health care systems between poorer and richer states and underfunded health care systems that in many cases are inefficiently run and under regulated. New government-financed health insurance programs are increasing coverage, but insurance remains limited.

Public and private health systems are placing huge demands on the country's capacity to train exceptional health leaders and professionals. Rising to meet these challenges, CSOs need to be organized in one umbrella and develop their capacity to work better in health Sector, Hence We started Consortium of Health Association in India (c-HAI) planning to work southern states initially and replicate the model to other states in India.

## VISION AND MISSION OF C-HAI

**Vision**: "**Reaching out the unreached population to acheiuve Health for All"**

**Mission: c-HAI is aiming to achieve basic health of people in 5 Southern states covering 5 million tribal communities by 2025 for health development and protection under SGD 3 Good health and wellbeing."**

**Objective*: Achieving all 17 SDGs Goals through partnership with same vision and mission CSOs who are working for unreached communities in the 5 southern states.***

## ACTIVITIES FOCUSED:

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**Actions 1)** All pregnant women have good food, rest, & 4 health check ups (with 4 ANC + 2TT doses + 180 IFA tablets) . calcium and zinc to be added as immune booster.

**Actions 2)** All infants take 5 immunization – at birth, 1 ½ months, 2 ½ months; 3 ½ months and at 9 months. This protects children against 15 diseases/disorder also all children get vitamin-A syrup in every 6 months upto 5 years.

**Actions 3)** Prevent / treat diseases of children especially pneumonia and diarrhoea consume albendazole tablet for deworm bi-annually.

**Action 4)** All persons in Family use toilet, use safe water & Wash hands with soap before eating food & after going to toilet.

**Actions 5)** All women & Girls eat iron –rich food & consume weekly iron tablets (IFA) to prevent anaemia, iron tablets are given free of cost to all students of class 12 & all women of 14-49 years.

**Actions 6)** Treat malnutrition among children which is the root cause for 69% deths of children in India

**Actions 7)** Ensure baby gets initial breastfeeding within one hour birth; exclusive breastfeeding for the first 6 months; & complementary food from 6 months along with breastfeeding up to 2 years. (reduces IMR).

**Actions 8)** All girls get education upto 18 years.

**Actions 9)** No Child marriages of girls before 18 years

**Actions 10)** Ensure –food security, social safety, maternal mental health women empowerment and family planning. Based on these actions we are going to work in Chenglepettu district with tribal communities through NGOs and Government to achieve the actions.

**On these actions we started working on SDG 3:**

**Tobacco Prevention and Control activities**: We organised Tobacco prevention and control training to CSOs in Trichy with collaboration of Green Cigarettes promoted by Anugraha a smokeless and herbs cigarette controls the habit of smoking and cures the lungs already infected.

**26-28TH NOV 2019:**

We did conference on life style diseases for CSOs in Tamilnadu from **26-28th Nov 2019** More than 105 NGOs leaders participated in the conference, We collaborated with Vishwa Yuvak Kendra, New Delhi, and Christian Medical College, Community Medicine Department for the 3 days programs. UNICEF, UNDP resource persons came to the program.

**2ND DECEMBER 2019:**

***Youth for Change under World AIDS DAY in 2019 we organized a Human Chain to know 90:90:90 of UNAIDS and WHO goals.***

We did a **WORLD RECORD EVENT** on **2nd December 2019** on World AIDS Day a longest Human chain by covering 5 lakhs Youth in one day in 75 towns in Tamilnadu. It was recorded world record in Kalams World Record. You can visit by click the link https://youtu.be/BoQVdxZxjys



**10-11th December 2019**:

We organised Community Disaster preparedness Management * minigation under SDGs goals. In Chennai from 10-11th December 2019, we collaborated with Vishwa Yuvak Kendra, Government departments, Red Cross team, Fire and Rescue for effective inputs to CSOs from Tamilnaud, Andara predesh, Karnataka states.


## COVID 19 Initiatives:

During COVID 19 we conducted 11 Webniars and conference online mode to capacitate the CSOs to work on prevention and control of Corona along with Government and district authorities. c-HAI trained all Commissioners and District Officers in Chenglepettu and Chennai for effective control of COVID 19. District Collector of Chenglepattu appreciated our services and gave an Award for our best services.




District Collector Presented Award

District Disability Rehabilitation officer Award

**WORLD AIDS Day 2020:**

World AIDs DAY 2020 at Tiruvannamalai: cHAI with the collaboration District NGOs and Distirct Health Department organised People with AIDs get together and talked about issues of PLWHAs facing in the district with District Collector and Health Team.

AIDs Day in Tiruvallur and Kanchipuram Districts. We also organised World AIDS Day in Tiruvallur and Chengelpattu by inviting PLWHAs and gave away relief materials and gifts.

**CSOs CONFERENCE: Nov 3-5, 2022**

After COVID 19 lock down many CSOs were suffered raising funds. Hence we organised NGO management and Resource Mobilization workshop for them. We invited Governor of Telengana and Lt Governor of Puducherry for Inaugural function. Local MLA Mr.Kalyanasundaram Kalapet constituency also came for the conference and encouraged our NGOs. 115 NGOs participated in the program.

We are now working for creating of Welfare Board for social workers and NGOs workers in the Puducherry and Tamilnadu. We launched this advocacy on 3rd Nov 2022, and presented memorandum and demands to **Governor Dr.(Smt) Tamiliasi Soundarajan and Chief Minister Sri. N.Rangasamy** in his office. We are progressing in these activities by sensitization of CSOs and staff on demands and **welfare board for social workers**. Before the Assembly Financial budget meeting we will submit the demands and memorandum to both states Ministers and Governors.


Thanks

Sincerely

*Dr.Irudayasamy, MA, M.Phil, Ph.D, B.L*
*National Executive Secretary, cHAI network.*

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***Working in Tamilnadu, Karnataka, Andra Predash, Telangana & Karala states for Tribal Health Development on Menstrual Health Management.***